

# CATAMARAN INSTRUCTOR LICENCE

## Instructor Training / Internship / Licensing

### I Training- and examination course

<b>Admission Requirements</b>	Safe handling of a catamaran at 4-5 Bft.
<b>Age</b>	18 years
<b>Registration Forms</b>	- Duly completed online registration ( <a href="http://www.vdws.de">www.vdws.de</a> ) - Proof of private liability insurance - 50% of the course fee (invoice is issued upon receipt of online registration)
<b>Duration</b>	8 days incl. examination
<b>Training Contents</b>	<u>Theoretical topics:</u> Introduction to course planning, water sport methods, center and course organization, emergency situations, safety, animation, basics in physics, theory of sailing and manoeuvres, equipment and maintenance. <u>Practical topics:</u> Accurate demonstration of manoeuvres, weight and boat trim, emergency situations, improvement of practical skills and model of a catamaran beginner's course.
<b>Examination</b>	<u>Practical examination at 8-20 knots.:</u> Beating to windward, bearing away windward buoy, downwind tacking, jibing, heading up leeward buoy, landing on the boat, casting off backwards, man-overboard manoeuvre. <b>A video of the practical examination can be found here:</b> <a href="https://www.youtube.com/watch?v=M0ITwsvesC4">https://www.youtube.com/watch?v=M0ITwsvesC4</a> <u>Teaching ability:</u> Teaching ability in combination with theoretical subject-specific knowledge. <u>Theory:</u> Written examination, duration: 90 minutes.
<b>Status</b>	Participants who pass at least the didactic examination during the seminar will receive the status of <i>VDWS Level 1 Instructor</i> .

### II Internship

<b>Admission Requirements</b>	Participants who have obtained the status <i>VDWS Level 1 Instructor</i> during the training course can start their internship.
<b>Duration</b>	Minimum 21 days covering 100 working resp. training hours.
<b>Accomplishment</b>	The internship can only be completed at a VDWS recognized center, entitled to host internships (catamaran sailing). The current list of internship centers is available on our website <a href="http://www.vdws.de">www.vdws.de</a>
<b>Ending</b>	The trainee must keep a record of the contents and the duration of the internship, the corresponding documents are distributed at the end of the instructor course (as PDF via email). The internship booklet must be sent to the VDWS head office.

### III Licensing

<b>Documents</b>	- Internship Confirmation Form - First Aid certificate (minimum 9 lessons, not older than 2 years) - Lifeguard Licence (VDWS Rescue Licence or German DLRG Bronze or equivalent) - Proof of ability to drive a motorboat for rescue purposes (VDWS form) - VDWS Membership Application Form - CV - Passport photograph (jpeg file per e-mail)
<b>Status</b>	The status <i>VDWS Level 1 Instructor</i> will only be replaced by <i>Level 2 Instructor</i> once all examination parts are passed.
<b>Licensing</b>	After successful completion of the training and examination course and the internship, the <i>VDWS Catamaran Instructor Licence</i> is granted. This qualification entitles to teach and to be an examiner of the contents of the VDWS catamaran sailing basic licence and to issue this licence.
<b>Validity</b>	3 years
<b>Renewal</b>	By participating in a VDWS seminar for further education (1-day seminar, Level 3 Workshop, Center Management Workshop)